The Best of Times and the Worst of Times: The Current Landscape of Mandatory Arbitration Clause Enforcement in Domestic Arbitration

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Recommended Citation

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By Virginia Neisler

There is nothing new about arbitration, a method of alternative dispute resolution designed to settle disputes more efficiently, cheaper, and faster than litigation. Today, mandatory arbitration clauses are ubiquitous in commercial contracts, social media terms and conditions, employment contracts, and more. These contracts, where one party in the weaker position (often a consumer or an employee) must either accept or reject the terms as written with no power to negotiate, are known as contracts of adhesion. The widespread use of arbitration clauses—specifically, pre-dispute, forced arbitration agreements, often including class-action waivers found in adhesion contracts—has come under pressure.

The law

The Federal Arbitration Act (FAA) with its mandate that arbitration agreements be “valid, irrevocable, and enforceable, save upon such grounds as exist at law or in equity for the revocation of any contract”—is at the heart of the current legal discussion. The FAA preempts state law, making state efforts to limit the use of mandatory arbitration moot. Those who favor excluding certain disputes from the reach of the FAA look to the latter half of the excerpted provision: the so-called “savings clause.” Proponents of arbitration clause enforcement take a traditional freedom of contract view and read the savings clause narrowly.

Recent actions

In July 2014, President Obama signed an executive order banning pre-dispute mandatory arbitration agreements for claims of sexual assault and sexual harassment and violations of Title VII in new federal procurement contracts over $1 million. Congress officially disapproved the administrative rules passed to implement that order using powers proscribed by the Congressional Review Act (CRA).

The CRA, employed successfully only once by prior Congresses, has been used to reverse multiple instances of perceived regulatory or executive overreach in President Obama's so-called “midnight rules” in the current session. Additionally, the Consumer Financial Protection Bureau issued a rule prohibiting certain financial institutions from using arbitration agreements that barred consumers from filing or participating in class-action suits. Congress, again utilizing the CRA, passed a joint resolution to disapprove of the rule.

The Supreme Court has also reinforced the FAA’s preeminence and shown a preference for enforcing arbitration clauses over the years. In June 2018, the Court handed down another pro-arbitration opinion. In Epic Systems Corp v Lewis, employees argued that the National Labor Relations Act and the savings clause of the FAA read together should bar enforcement of mandatory arbitration clauses in which employees waived their right to participate in class,

Law schools have expressed concern over “Biglaw” firms’ use of mandatory arbitration clauses in summer associate contracts, and law student groups have pushed for change.
Identification of Dispute Resolution, 9 US 1676 (2005), available at <https://www.aba.org/content/dam/aba/events/ dispute_resolution/committees/arbitration/arbitrationguide.authcheckdam.pdf>. All websites cited in this article were accessed January 11, 2019.


9. MCL 691.1681 et seq.


11. 9 USC 1 et seq.

12. 9 USC 2.


18. 12 CFR 1040.


20. See, e.g., ABA, Section of Dispute Resolution, Benefits of Arbitration for Commercial Disputes, <https://www.americanbar.org/content/dam/aba/events/dispute_resolution/committees/arbitration/arbitrationguide.authcheckdam.pdf>. All websites cited in this article were accessed January 11, 2019.


28. MCL 691.1681 et seq.


30. 9 USC 1 et seq.

31. 9 USC 2.


34. HR 7 Res 37, 115th Cong, 131 Stat 75 (2017).

35. S USC 801.


37. 12 CFR 1040.


39. See, e.g., ABA, Section of Dispute Resolution, Benefits of Arbitration for Commercial Disputes, <https://www.americanbar.org/content/dam/aba/events/dispute_resolution/committees/arbitration/arbitrationguide.authcheckdam.pdf>. All websites cited in this article were accessed January 11, 2019.

40. Black’s Law Dictionary (10th ed.), defining “adhesion contract.”

